© Disabled toilet

(i) Information centre

Wi-Fi

Baby changing

Automatic payment machines

Automatic payment machines

HOW TO ACCESS MONT SAINT-MICHEL

I arrive **by car**

With my car, I access the vast compulsory car parks. Numbered from P2 to P13. I am situated near the shuttles that take me to the Mount 24 hours 7 days a week, (transport on request midnight - 7.30 am)

At the entrance of the car park, I take my ticket; I pay at the automatic terminals. The price of the car park includes the shuttle as well as the free services of the CIT (toilets, baby area, information).

I go to the Mount **on foot**

1 • Around 45 min

From the parking lot, I reach Mont-Saint-Michel on foot in about 50 minutes.

3 itineraries are proposed to me:

> The footpath, "La Lisière", an incredible view of the Mount via a well-kept pedestrian path, accessible to all.

> The central footpath "Mount Saint-Michel" leads me through "the caserne", an area of activities where we

find hotels, restaurants and a supermarket. > The footpath, "The river banks of the Couesnon", take advantage of the dam, this major hydraulic work in the

restoration of the maritime character of Mont Saint-Mi-

I access the Mount with the free **Passeur**

2 • Around 12 min

FREE ACCESS

Crossing the bay with

I discover the polders

grown in these very fertile areas.

I fly over Mont Saint-Michel

les chemins

I hike on the footpaths of Mont

The great European sites dedicated to St. Michael such as

Monte Gargano or the Sacra di San Michele in Italy, Aachen

in Germany, Liege in Belgium (etc ..) all join Mont Saint-Mi-

chel via a network of footpaths. I can take these paths that

are an opportunity to approach Mont Saint-Michel under in-

comparable cultural and spiritual dimensions and write my

Saint-Michel

personal journey.

Like a bird, I can fly over Mont Saint-Michel and its bay

aboard a microlight, an aeroplane or by helicopter. In this

infinite sky with harmonious colours, I discover the beauty of

the sea, the meanders of the rivers, the ripples on the sand,

the dunes, the polders and the Mont Saint-Michel, which sits

in the middle of this immensity: an unforgettable spectacle!

The crossing of the bay, hiking across the seashore, is ins-

pired by the thousand-year-old tradition of pilgrims on their

way to Mont Saint-Michel. Henceforth this nature excursion

is accessible to all people wishing to live an unforgettable ex-

perience. The suggested formulas, by the certified guides,

are numerous, from the simple discovery of the quicksand

(1h30), the tour of the Mount (2h), the Mont Saint-Michel to

the islet of Tombelaine (3h) to the return crossing of 13 km

When I face Mont Saint-Michel, I see on the left, the polders, a characteristic landscape of the bay. During the nineteenth century, these lands are taken from the sea thanks to the

construction of irrigation dikes, allowing to develop the cultivation activity: Carrots, potatoes, salads or pink shallots are

a certified guide

Every day, from 7:30 to midnight, a regular shuttle takes me to Mont-Saint-Michel in about 12 minutes This links the «Place des Navettes» (next to the Tourist Information Centre and car parks) to the terminus located

350 meters before the Mount. Depending on the crowds and the season, the frequencies of the shuttles vary between 5 and 20 min. 2 intermediate stops are proposed: «Route du Mont» (mini market, restaurants and hotels) and «Place du barrage» before arriving at the Mount.

Outside of these hours, a shuttle bus transports on request. Contact: +33 (0) 2 14 13 20 15.

I reach the Mount with the bus line Pontorson – the Mount

3 • Around 20 min

From Pontorson train station, a regular bus, corresponding to the arrival times (and departure) of the trains, takes me to the foot of the Mount. An intermediate stop at the area of the Mount

I reach the Mount with the horse-drawn carriage



Pulled by two horses, this carriage, called «Maringote» takes me near to the entrance of Mont-Saint-Michel naturally and effortlessly, via the bridge, in about 25 minutes. The frequency of departures varies according to the season

Arrival / departure **Public bus lines** SNCF)

5 Arrival and departure of public transport lines Manche Ille-et-Vilaine and SNCF bus

P7 Arrivals and departures of other bus lines (Flixbus ...)

Good to know:

Problems getting around:
I can consult the website w
Wheelchairs available at CIT.

I am a cycle tourist: Limit the access to the mount. Bicycle parking available at the car parks, caserne & dam No bicycle parks at the mount.

I visit with a pushchair

Parking and access to the Mount from "the Caserne"

PARKING SPACE (near caserne)

🔥 Disabled car park (vehicle -5m) 🧀 Car park motorbikes

Car park (-5m) Parking bicycles

Car park camper vans

Car park coaches





20 kilometres from the mount, I can discover the city of Avranches nestled at the top of a hill. The relics of Bishop Aubert, who received the divine visions of Archangel Michael, are on display at the Treasury of St. Gervais Church. The Scriptorial, museum of manuscripts of Mont Saint-Michel, unveils the history of scrolls, calligraphy and illuminated, unique treasures of the medieval library of the abbey of Mont-Saint-Michel.



I get to know the salt marsh sheep

The salt marshes are the meadows covered by the sea during the big tidal coefficients. This characteristic salt marsh allows the pastoral rearing of sheep and gives their flesh an inimitable taste. It is thanks to the vegetation called halophyte, it can adapt to the salinity of the ground, which the sheep feed upon, hence this special character taste. This meat does not have a very pronounced salty taste, but its flavour is recognised finer than a classic country lamb.



I understand the tides and the tidal bore

Every day, the level of the sea varies according to the phenomenon of the tides. Greater or weaker depending on the position of the moon and the sun in relation to the Earth. At the full moon, the sun and the moon are in alignment with the Earth: it's time for high tides and here I can see the highest tides in Europe!

A natural and magical phenomenon, the tidal bore is a wave that can reach several tens of centimetres during high tides (spring tides). The rising tide runs upstream to the mouth of the river and suddenly forms a rise in water. In the bay of Mont Saint-Michel, the tidal bore rises upstream of three coastal rivers: Sée, Sélune and Couesnon.



I stroll on the dam and the bridge

The dam and the bridge are two masterpieces that contribute to the restoration of the maritime character of Mont Saint-Michel. Since the dam, daily water has been released (varying times depending on the tides) allowing to naturally push the sand sediment.

Walking on the bridge to access the Mount is, without a doubt, the most contemplative way to get to the Marvel. An experience you need to live!



moo.lehoimtnissinom-to.www

MONT SAINT-MICHEL NORMANDIE

Mont Saint-Michel Tourism Office - Normandy

TOURIST INFORMATION OFFICE INTRAMURAL

The tourist office of Mont Saint-Michel is situated inside the village, after the drawbridge in the main street on the left, and welcomes you every day* all year round. (* except 25/12 and 01/01)

Grande Rue 50170 Mont-Saint-Michel GPS coordinates: 48.615914 (48 ° 36'57.29 «N) / -1.465602

Tel.: +33 (0) 233 601 430

tourisme.lemontsaintmichel@msm-normandie.fr www.ot-montsaintmichel.com

SERVICES:

- Ticket sales (Abbey skip the line ticket)
- Souvenir shop
- Wi-Fi
- A diploma "Miquelot" for those who have finished the paths of Saint Michael

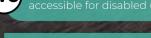


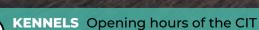
CIT AND SERVICES

In the immediate vicinity of the car parks, the **Tourist Information Centre** (CIT) welcomes ye



(* except 25/12 and 01/01)





TOILETS Open 7/7 and 24/24



Our pets are not allowed in the shuttle buses (except small dogs transported in a bag or basket adapted and guide dogs or assistance) nor the abbey. I entrust my pet to the kennel for more

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THE RAMPARTS

Since the Hundred Years War, the construction of ramparts has given Mont Saint-Michel its reputation as an impregnable fortress. Seven towers communicate with each other by a walkway. The North Tower (13th century) is an excellent point of observation of the tidal bore. The ramparts also allow you to ioin the abbev.



THE STREET

«La Grande Rue» the main street of the village is accessible after having crossed three successive doors defending its access.

The first, named Porte de l'Avancée and formed by a double carriage entrance and a pedestrian door leads to the court of the same name. It houses the former gatehouse «Corps de Garde des Bourgeois» built in the early sixteenth century.

The second door is named Porte du Boulevard, and the third is Porte du Roy. We then enter the main street, Grande Rue, which has preserved its medieval shops. Many of them have kept their original signs. St. Peter's Church, the pilgrim's house and the Jerusalem Cross, testify, at the top of the village, of the past and present spiritual activity of the place.



SOUVENIRS

With the first pilgrims, souvenir shops settled in the village. In these shop, stalls everyone could buy a souvenir of his trip, lead pilgrim badges moulded with the scallop shell of which represented Saint Michael. Today the shopkeepers maintain this tradition of the Middle Ages and are at the service of pilgrims and travellers from around the world in search of a souvenir of their passage.



VENELLE DU GUET (LOOKOUT ALLEY)

Also called «The cuckolds' alley» (A cuckold is the husband of an adulterous wife), it is the smallest street of Mont Saint-Michel. It is so narrow that you could not pass with horns, hence its name To find it you take the Grande Rue and turn left in front of the



THE ABBEY AND THE CLOISTERS

Crowning the island of granite in the heart of the bay, theatre to the largest tides in Europe, the abbey of Mont-Saint-Michel was both a famous monastery, a fortress inviolate during the Hundred Years War and one of the largest centres of pilgrimage of medieval Christen-

Founded at the request of Archangel Michael by Bishop Aubert of Avranches, the first sanctuary was dedicated October 16, 709 and will become the heart of a large Benedictine abbey, renowned in the Middle Ages for its treasures and rich library.

Next to the abbey church and Romanesque monasteries raised between the 10th and 12th century around the summit of the rock, the monks and their builders build at the beginning of the 13th century on the north side, a formidable Gothic construction: «the Marvel." A true masterpiece of Norman medieval architecture, its cloister harmoniously blends Chausey granite, Caen stone, and English Purbeck

Becoming a prison in the French Revolution the combination of Romanesque and Gothic buildings, completed by a belt of walls during the Hundred Years War, was beautifully restored from the late nine-



GASTRONOMY

Hotels and restaurants contribute to the renowned reputation of Mont Saint-Michel: Annette Boutiaut arrived at Mont Saint-Michel in 1872 as a maid. The following year, she married Victor Poulard. They acquire an nn together and offer a simple dish, consistent and quick to prepare: the famous puffy omelette by Mère Poulard, ideal to reinvigorate pilgrims after their trying journey. The first establishment was at the current location of the Post Office, but the business flourished, and in 1888 they moved into the establishment we know today. The omelettiers are demonstrating every day the preparation of the omelette cooked over a

Another speciality well known: salt marsh lamb. The sheep of the bay graze on the grass covered by the sea. This grass gives the flesh of the "grévin» a soft and tender texture, firm and with little fat.

Seafood and fish of the bay are many local specialities to discover



MUSEUMS

Four museums (Maritime museum, History museum, Archoscope and Tiphaine's House) bring back to life the history of the site. scenes of historical reconstruction (old collections, weapons, paintings, sculptures, watches); collection of 250 old models of ships; explanations of the tidal phenomenon; periscope; the house of knight Bertrand du Guesclin.



ARCHANGEL SAINT MICHAEL

Archangel Michael, whose name in Hebrew means "he who is as God?" appears many times in the Bible. The chief of the «celestial legions», he s often portrayed as an armed knight fighting Satan.

This cult came from the East in the fifth century and later on develops throughout the West; it settles in Mont-Saint-Michel at the beginning of the 8th century, making this rock one of the greatest pilgrimage sites of Christianity in the Middle Ages.



NIGHT SHOW AT THE ABBEY

After discovering the changing lights during the day, the abbey and its architecture are sublimated after dark. In July and August, every evening except Sunday, 7.30 pm to midnight (last entry 11 pm), let yourself be surprised. Throughout the monument discover the night

Discover the night show, unfold at night in the heart of the abbey, when the millennia fade and Nature, Man and the Lord compose a marvellous symphony of visions, flashes, and sonic mirages. An unprecedented technological deployment throughout an evening wandering freely, offering 14 original scenographies.

Centre des monuments nationaux Abbaye du Mont-Saint-Michel

Tel.: +33 (0)2 33 89 80 00 Wander freely inside the abbey during the evening in July and August



PARISH CHURCH OF ST PETER

The parish church, built in the 15th and 16th centuries, is now the official place of devotion to the Archangel Michael. It is nonetheless dedicated to Saint Peter who, according to the Catholic religion, holds the keys to the gates of paradise. Pilgrims arriving at the mount symbolically pass St Peter before reaching the abbey, an image of paradise

The statue of Joan of Arc enthroned at the entrance of the church pays homage to the archangel who guided her during the Hundred Years War. The village cemetery is next to the parish church, where you can find the grave of Mere Poulard (change tomb).



GABRIEL TOWER AND OUAY

This tower crowned with machicolations, which protects the west side, bears the name of the lieutenant King, Gabriel du Puys, who built it around 1524. A century later, a mill was built at the top of this tower and, in the late nineteenth century, it also serves as a lighthouse to direct the boats engaging in the Couesnon.

A small opening on the right of the Gabriel Tower gives me access to the old quay. Mooring rings still bear witness to the maritime activity of the past.



THE SMALL GARDENS

Half of the village has always remained free of constructions. When Mont Saint-Michel was besieged, the inhabitants cultivated these protected arounds to provide for their needs. Even today, the houses along the Grande Rue hide small enclosed gardens, that can be seen from the ramparts or by walking through the alleys and suspended stairs. Some of these gardens flower the «Merveille du Mont Saint-Michel», a variety of native roses with an exceptional fragrance. At the foot of the abbey, below the dwellings, the monastic community continues to cultivate a vegetable garden. The north side of the rock, steep and rugged, remains in its natural form.

LE MONT-SAINT-MICHEL

HISTORY

The granite rock of Mont Saint-Michel was original ly called Mont Tombe. In the year 708, the Archangel Michael appears in dreams to Saint-Aubert, bishop of Avranches, and asks him to build a sanctuary in his name.

In 966, a community of Benedictines settle and build the first church. At the same time, a village begins to develop to welcome the first pilgrims; the numbers grow, making the church too small. In the eleventh century, four crypts and a large abbey church are built. In the thirteenth century begins the construction of the "Merveille": two buildings of three floors, crowned by the cloisters and the refectory of the monks.

The Hundred Years' War (1337-1453) made it necessary to protect Mont Saint-Michel by a set of military constructions that allowed it to withstand a siege of almost 30 years. The islet of Tombelaine, 3 km, became an English stronghold, it still retains today the ruins of a fort and a dungeon. During the English siege, the Romanesque choir of the abbey church collapses.

bey, which is transformed into a state prison. Until 186 14,000 prisoners passed through this «Bastille des Mers where tides and quicksand make any escape impossible

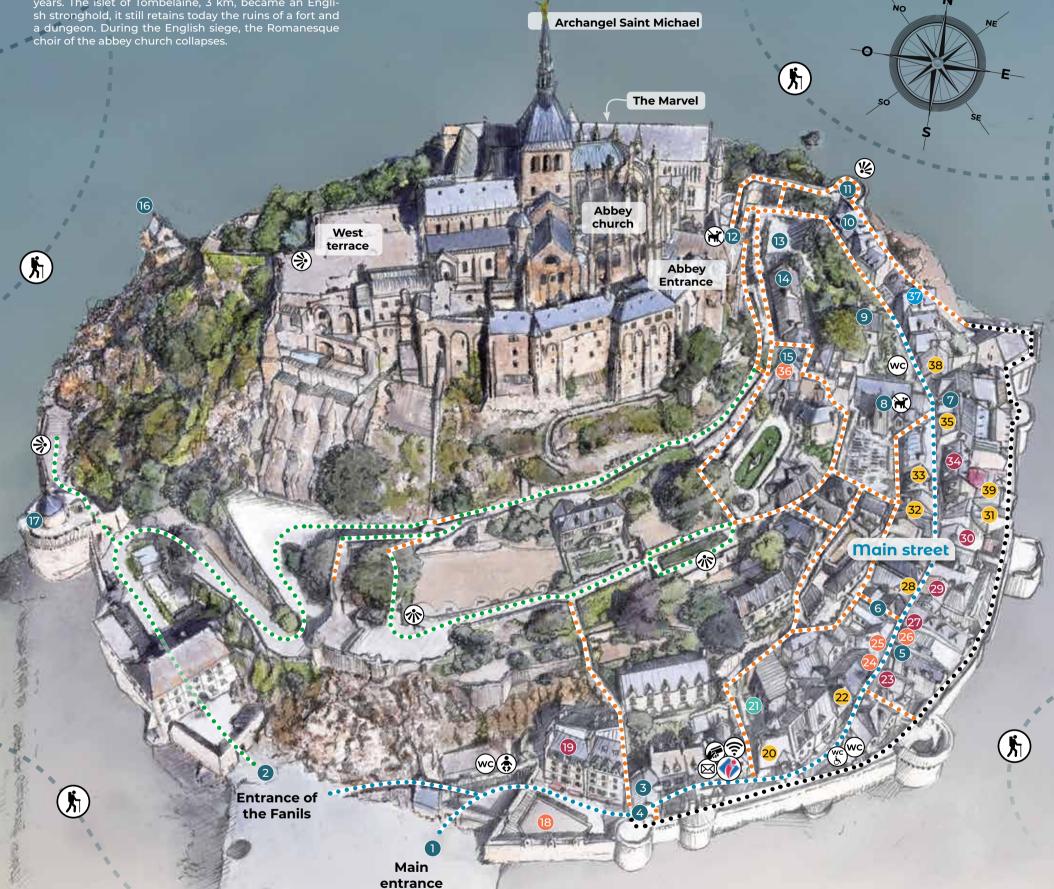
the building and opened it to the public

Between 1901 and 1938, a steam train connects the town of Pontorson to Mont Saint-Michel; the Mount thus loses its maritime character, which it will only find thanks to the recent work of the dam, which reduces the sand se-diment in the bay. The site was miraculously spared during the Second World War: the Germans still occupied between 1940 and

1966 marks the return of a community to the abbey. Monastics of Jerusalem provide since 2001 a permanent spiritual presence, and welcome pilgrims and visitors from around the world.

sted as World Heritage by UNESCO.

The Mont Saint-Michel has international friendship since 2009, with the island of Miyajima (Hatsukaichi commune in Japan) and the town of Monte Sant'Angelo (in Italy) since 2019



The essentials of the Mount

1 Main entrance

2 Entrance

3 Drawbridge 4 Town hall

5 Maritime Museum 6 Venelle du guet

7 Archeoscope 8 Parish church of st Peter

9 Tiphaine's house 10 Pilgrim house

North tower

12 Abbey entrance 13 Jerusalem cross 14 The small school

15 History museum 16 Chapel of St Aubert

17 Gabriel tower

Hotel/Restaurant Bed and Breakfast

Bar, Restaurant, Creperie

ramparts

Food, Take away

• • • • Stairs

Hotel

• • • • Main street

18 La Terrasse de la Mère 19 Auberge de La Mère • • • • Route of the Fanils

• • • • Route of the 20 La Confiance 21) Les Terrasses Poulard***

> 22 La Sirène 23 Auberge Saint-Pierre***

24 La Fringale

25 Le Petit Breton 26 La Belle Normande

In the village

27 La Croix Blanche*** 28 Le Chapeau Rouge

29 Le Du Guesclin** 30 Le Mouton Blanc***

31 La Terrasse du Mouton Blanc 32 Le Saint-Michel

39 Les Nouvelles Terrasses

38 Au Pèlerin

Tourist Office 33 La Cloche

View point 34 La Vieille Auberge** Post Office 35 Les Terrasses de la Baie

36 Le Café Gourmand 37 La Tête Noire

Cash withdrawal (f) Visit only accompanied by a guide

(wc) Toilets

Wi-Fi

(wc) Disabled toilets

Baby changing facilities

and assistance dogs.

The bay is dangerous, even in the immediate vicinity of Mont Saint-Michel. Do not venture without a certified guide.

Dogs are forbidden except for guide